

1 January
Wednesday

2 January
Thursday

Handwriting practice area for January 1st and 2nd. Each day has 10 rows of dotted lines on a gray background for tracing and writing practice.

3 January
Friday

4 January
Saturday

5 January
Sunday

Week focus:

Handwriting practice area for January 3rd, 4th, and 5th. Each day has 10 rows of dotted lines on a gray background for tracing and writing practice.

January

| MON | TUE | WED | THU | FRI | SAT | SUN |
|-----|-----|-----|-----|-----|-----|-----|
| 1 | 2 | 3 | 4 | 5 | | |
| 6 | 7 | 8 | 9 | 10 | 11 | 12 |
| 13 | 14 | 15 | 16 | 17 | 18 | 19 |
| 20 | 21 | 22 | 23 | 24 | 25 | 26 |
| 27 | 28 | 29 | 30 | 31 | | |

Everyday

Numbered list for 'Everyday' with five rows, each starting with a number and followed by a dotted line for writing practice.

1. ○ ○ ○ ○ ○ ○ ○ ○ ○ ○
2. ○ ○ ○ ○ ○ ○ ○ ○ ○ ○
3. ○ ○ ○ ○ ○ ○ ○ ○ ○ ○
4. ○ ○ ○ ○ ○ ○ ○ ○ ○ ○
5. ○ ○ ○ ○ ○ ○ ○ ○ ○ ○

10 March
Monday

11 March
Tuesday

12 March
Wednesday

13 March
Thursday

Handwriting practice area for March 10-13. Each day includes a row of dotted lines for tracing and a row of blank lines for independent practice.

17 January
Friday

18 January
Saturday

19 January
Sunday

Week focus:

Handwriting practice area for January 17-19. Each day includes a row of dotted lines for tracing and a row of blank lines for independent practice.

January

| MON | TUE | WED | THU | FRI | SAT | SUN |
|-----|-----|-----|-----|-----|-----|-----|
| 1 | 2 | 3 | 4 | 5 | | |
| 6 | 7 | 8 | 9 | 10 | 11 | 12 |
| 13 | 14 | 15 | 16 | 17 | 18 | 19 |
| 20 | 21 | 22 | 23 | 24 | 25 | 26 |
| 27 | 28 | 29 | 30 | 31 | | |

Everyday

1. ○ ○ ○ ○ ○ ○ ○ ○ ○ ○
2. ○ ○ ○ ○ ○ ○ ○ ○ ○ ○
3. ○ ○ ○ ○ ○ ○ ○ ○ ○ ○
4. ○ ○ ○ ○ ○ ○ ○ ○ ○ ○
5. ○ ○ ○ ○ ○ ○ ○ ○ ○ ○

20 January
Monday

21 January
Tuesday

22 January
Wednesday

23 January
Thursday

Handwriting practice area for January 20-23. Each day contains 10 rows of dotted lines for letter tracing on a light gray background.

7 March
Friday

8 March
Saturday

9 March
Sunday

Week focus:

Handwriting practice area for March 7-9. Each day contains 10 rows of dotted lines for letter tracing on a light gray background.

March

Everyday

| MON | TUE | WED | THU | FRI | SAT | SUN |
|-----|-----|-----|-----|-----|-----|-----|
| | | | | | 1 | 2 |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |
| | | | | | | 31 |

Handwriting practice area for March 1-5. Each day contains 5 rows of dotted lines for letter tracing on a light gray background.

27 January
Monday

28 January
Tuesday

29 January
Wednesday

30 January
Thursday

Handwriting practice grid for January 27-30, consisting of a series of horizontal dotted lines on a light gray background.

28 February
Friday

1 March
Saturday

2 March
Sunday

Week focus:

Handwriting practice grid for February 28 and March 1-2, including a 'Week focus' section with a shaded header and five rows of dotted lines.

February

| MON | TUE | WED | THU | FRI | SAT | SUN |
|-----|-----|-----|-----|-----|-----|-----|
| | | | | | 1 | 2 |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| 24 | 25 | 26 | 27 | 28 | | |

Everyday

Numbered list 1-5 with five rows of dotted lines for handwriting practice.

24 February
Monday

25 February
Tuesday

26 February
Wednesday

27 February
Thursday

Handwriting practice area for February 24-27, featuring dotted lines for letter tracing on a grid background.

31 January
Friday

1 February
Saturday

2 February
Sunday

Week focus:

Handwriting practice area for February 31 and February 1-2, featuring dotted lines for letter tracing on a grid background.

January

| MON | TUE | WED | THU | FRI | SAT | SUN |
|-----|-----|-----|-----|-----|-----|-----|
| | 1 | 2 | 3 | 4 | 5 | |
| 6 | 7 | 8 | 9 | 10 | 11 | 12 |
| 13 | 14 | 15 | 16 | 17 | 18 | 19 |
| 20 | 21 | 22 | 23 | 24 | 25 | 26 |
| 27 | 28 | 29 | 30 | 31 | | |

Everyday

- 1. ○ ○ ○ ○ ○ ○ ○ ○ ○ ○
- 2. ○ ○ ○ ○ ○ ○ ○ ○ ○ ○
- 3. ○ ○ ○ ○ ○ ○ ○ ○ ○ ○
- 4. ○ ○ ○ ○ ○ ○ ○ ○ ○ ○
- 5. ○ ○ ○ ○ ○ ○ ○ ○ ○ ○

3 February
Monday

4 February
Tuesday

5 February
Wednesday

6 February
Thursday

15 rows of writing lines, each row consisting of 20 dotted circles.

21 February
Friday

22 February
Saturday

23 February
Sunday

Week focus:

15 rows of writing lines, each row consisting of 20 dotted circles.

February

| MON | TUE | WED | THU | FRI | SAT | SUN |
|-----|-----|-----|-----|-----|-----|-----|
| | | | | | 1 | 2 |
| | 3 | 4 | 5 | 6 | 7 | 8 |
| | 9 | 10 | 11 | 12 | 13 | 14 |
| | 15 | 16 | 17 | 18 | 19 | 20 |
| | 21 | 22 | 23 | 24 | 25 | 26 |
| | 27 | 28 | | | | |

Everyday

1. ○
2. ○
3. ○
4. ○
5. ○

17 February
Monday

18 February
Tuesday

19 February
Wednesday

20 February
Thursday

Handwriting practice area for February 17-20. Each day includes a row of 10 dotted lines for tracing and a larger area of 10 rows of dotted lines for independent practice.

7 February
Friday

8 February
Saturday

9 February
Sunday

Week focus:

Handwriting practice area for February 7-9. Each day includes a row of 10 dotted lines for tracing and a larger area of 10 rows of dotted lines for independent practice. A grey bar at the top right contains the text "Week focus:".

February

| MON | TUE | WED | THU | FRI | SAT | SUN |
|-----|-----|-----|-----|-----|-----|-----|
| | | | | | 1 | 2 |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| 24 | 25 | 26 | 27 | 28 | | |

Everyday

1. ○ ○ ○ ○ ○ ○ ○ ○ ○ ○
2. ○ ○ ○ ○ ○ ○ ○ ○ ○ ○
3. ○ ○ ○ ○ ○ ○ ○ ○ ○ ○
4. ○ ○ ○ ○ ○ ○ ○ ○ ○ ○
5. ○ ○ ○ ○ ○ ○ ○ ○ ○ ○

10 February
Monday

11 February
Tuesday

12 February
Wednesday

13 February
Thursday

Handwriting practice area for February 10-13, featuring a grid of dotted lines for letter tracing on a lined background.

14 February
Friday

15 February
Saturday

16 February
Sunday

Week focus:

Handwriting practice area for February 14-16, featuring a grid of dotted lines for letter tracing on a lined background.

February

| MON | TUE | WED | THU | FRI | SAT | SUN |
|-----|-----|-----|-----|-----|-----|-----|
| | | | | | 1 | 2 |
| | 3 | 4 | 5 | 6 | 7 | 8 |
| | 9 | 10 | 11 | 12 | 13 | 14 |
| | 15 | 16 | 17 | 18 | 19 | 20 |
| | 21 | 22 | 23 | 24 | 25 | 26 |
| | 27 | 28 | | | | |

Everyday

1. ○ ○ ○ ○ ○ ○ ○ ○ ○ ○
2. ○ ○ ○ ○ ○ ○ ○ ○ ○ ○
3. ○ ○ ○ ○ ○ ○ ○ ○ ○ ○
4. ○ ○ ○ ○ ○ ○ ○ ○ ○ ○
5. ○ ○ ○ ○ ○ ○ ○ ○ ○ ○

5 May
Monday

6 May
Tuesday

7 May
Wednesday

8 May
Thursday

Handwriting practice area for May 5-8, featuring a grid of dotted lines on a light gray background for letter tracing.

14 March
Friday

15 March
Saturday

16 March
Sunday

Week focus:

Handwriting practice area for March 14-16, featuring a grid of dotted lines on a light gray background for letter tracing.

March

Everyday

| MON | TUE | WED | THU | FRI | SAT | SUN |
|-----|-----|-----|-----|-----|-----|-----|
| | | | | | 1 | 2 |
| | | | 3 | 4 | 5 | 6 |
| | | | 7 | 8 | 9 | |
| | | | 10 | 11 | 12 | 13 |
| | | | 14 | 15 | 16 | |
| | | | 17 | 18 | 19 | 20 |
| | | | 21 | 22 | 23 | |
| | | | 24 | 25 | 26 | 27 |
| | | | 28 | 29 | 30 | |
| | | | | | | 31 |

Handwriting practice area for March, featuring a grid of dotted lines on a light gray background for letter tracing.

17 March
Monday

18 March
Tuesday

19 March
Wednesday

20 March
Thursday

Handwriting practice area for March 17-20. Each day consists of a row of 20 dots for tracing, followed by a row of 20 blank dots for independent practice.

2 May
Friday

3 May
Saturday

4 May
Sunday

Week focus:

Handwriting practice area for May 2-4. Each day consists of a row of 20 dots for tracing, followed by a row of 20 blank dots for independent practice.

May

| MON | TUE | WED | THU | FRI | SAT | SUN |
|-----|-----|-----|-----|-----|-----|-----|
| | | | 1 | 2 | 3 | 4 |
| 5 | 6 | 7 | 8 | 9 | 10 | 11 |
| 12 | 13 | 14 | 15 | 16 | 17 | 18 |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| 26 | 27 | 28 | 29 | 30 | 31 | |

Everyday

Everyday practice area for May. A row of 31 empty circles for tracing, followed by five numbered rows of 20 empty circles for independent practice.

28 April
Monday

29 April
Tuesday

30 April
Wednesday

1 May
Thursday

Handwriting practice area for the week of April 28 to May 1. The page contains 28 rows of dotted lines for tracing and writing practice.

21 March
Friday

22 March
Saturday

23 March
Sunday

Week focus:

Handwriting practice area for the week of March 21 to March 23. The page contains 13 rows of dotted lines for tracing and writing practice.

March

Everyday

| MON | TUE | WED | THU | FRI | SAT | SUN |
|-----|-----|-----|-----|-----|-----|-----|
| | | | | | 1 | 2 |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |
| | | | | | | 31 |

Handwriting practice area for the week of March 21 to March 23. The page contains 5 rows of dotted lines for tracing and writing practice, each starting with a number 1-5.

24 March
Monday

25 March
Tuesday

26 March
Wednesday

27 March
Thursday

Handwriting practice area for March 24-27. Each day consists of 10 rows of dotted lines on a light gray background for tracing.

25 April
Friday

26 April
Saturday

27 April
Sunday

Week focus:

Handwriting practice area for April 25-27. Each day consists of 10 rows of dotted lines on a light gray background for tracing.

April

| MON | TUE | WED | THU | FRI | SAT | SUN |
|-----|-----|-----|-----|-----|-----|-----|
| 1 | 2 | 3 | 4 | 5 | 6 | |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| 28 | 29 | 30 | | | | |

Everyday

1. ○ ○ ○ ○ ○ ○ ○ ○ ○ ○
2. ○ ○ ○ ○ ○ ○ ○ ○ ○ ○
3. ○ ○ ○ ○ ○ ○ ○ ○ ○ ○
4. ○ ○ ○ ○ ○ ○ ○ ○ ○ ○
5. ○ ○ ○ ○ ○ ○ ○ ○ ○ ○

31 March
Monday

1 April
Tuesday

2 April
Wednesday

3 April
Thursday

10 rows of 30 dotted lines for journaling.

18 April
Friday

19 April
Saturday

20 April
Sunday

Week focus:

10 rows of 30 dotted lines for journaling.

April

Everyday

| MON | TUE | WED | THU | FRI | SAT | SUN |
|-----|-----|-----|-----|-----|-----|-----|
| 1 | 2 | 3 | 4 | 5 | 6 | |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| 28 | 29 | 30 | | | | |

1. ○ ○ ○ ○ ○ ○ ○ ○ ○ ○
2. ○ ○ ○ ○ ○ ○ ○ ○ ○ ○
3. ○ ○ ○ ○ ○ ○ ○ ○ ○ ○
4. ○ ○ ○ ○ ○ ○ ○ ○ ○ ○
5. ○ ○ ○ ○ ○ ○ ○ ○ ○ ○

14 April
Monday

15 April
Tuesday

16 April
Wednesday

17 April
Thursday

Handwriting practice area for April 14-17. Each day contains 10 rows of dotted lines for letter tracing on a lined background.

4 April
Friday

5 April
Saturday

6 April
Sunday

Week focus:

Handwriting practice area for April 4-6. Each day contains 10 rows of dotted lines for letter tracing on a lined background.

April

| MON | TUE | WED | THU | FRI | SAT | SUN |
|-----|-----|-----|-----|-----|-----|-----|
| 1 | 2 | 3 | 4 | 5 | 6 | |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| 28 | 29 | 30 | | | | |

Everyday

Numbered list for 'Everyday' practice, with five items, each followed by a dotted line for writing and a circle for a checkmark.

1. ○
2. ○
3. ○
4. ○
5. ○

7 April
Monday

8 April
Tuesday

9 April
Wednesday

10 April
Thursday

Handwriting practice area for April 7-10. Each day has a set of 10 rows of dotted lines for tracing and 10 rows of blank dotted lines for independent practice.

11 April
Friday

12 April
Saturday

13 April
Sunday

Week focus:

Handwriting practice area for April 11-13. Each day has a set of 10 rows of dotted lines for tracing and 10 rows of blank dotted lines for independent practice.

April

| MON | TUE | WED | THU | FRI | SAT | SUN |
|-----|-----|-----|-----|-----|-----|-----|
| 1 | 2 | 3 | 4 | 5 | 6 | |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| 28 | 29 | 30 | | | | |

Everyday

1. ○ ○ ○ ○ ○ ○ ○ ○ ○ ○
2. ○ ○ ○ ○ ○ ○ ○ ○ ○ ○
3. ○ ○ ○ ○ ○ ○ ○ ○ ○ ○
4. ○ ○ ○ ○ ○ ○ ○ ○ ○ ○
5. ○ ○ ○ ○ ○ ○ ○ ○ ○ ○

30 June
Monday

1 July
Tuesday

2 July
Wednesday

3 July
Thursday

Handwriting practice area for the date 30 June to 3 July. Each row contains 20 dotted lines for tracing and 10 blank lines for independent writing.

9 May
Friday

10 May
Saturday

11 May
Sunday

Week focus:

Handwriting practice area for the dates 9 May to 11 May. The section includes a 'Week focus:' label and 12 rows of dotted lines for tracing and blank lines for independent writing.

May

Everyday

| MON | TUE | WED | THU | FRI | SAT | SUN |
|-----|-----|-----|-----|-----|-----|-----|
| | | | | 1 | 2 | 3 |
| 5 | 6 | 7 | 8 | 9 | 10 | 11 |
| 12 | 13 | 14 | 15 | 16 | 17 | 18 |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| 26 | 27 | 28 | 29 | 30 | 31 | |

Handwriting practice area for the month of May. It includes a 'May' label, an 'Everyday' label, and a list of five numbered rows (1-5) for tracing and independent writing, each row starting with a dotted line.

12 May
Monday

13 May
Tuesday

14 May
Wednesday

15 May
Thursday

Handwriting practice area for May 12-15. Each day includes a row of 10 dotted lines for tracing and a row of 10 blank lines for independent practice.

27 June
Friday

28 June
Saturday

29 June
Sunday

Week focus:

Handwriting practice area for June 27-29. Each day includes a row of 10 dotted lines for tracing and a row of 10 blank lines for independent practice.

June

| MON | TUE | WED | THU | FRI | SAT | SUN |
|-----|-----|-----|-----|-----|-----|-----|
| | | | | | 1 | 8 |
| | 2 | 3 | 4 | 5 | 6 | 7 |
| | 9 | 10 | 11 | 12 | 13 | 14 |
| | 16 | 17 | 18 | 19 | 20 | 21 |
| | 23 | 24 | 25 | 26 | 27 | 28 |
| | | | | | | 29 |
| | | | | | | 30 |

Everyday

Everyday handwriting practice for June. A row of 10 dotted lines for tracing, followed by five numbered rows (1-5) of 10 blank lines for independent practice.

23 June
Monday

24 June
Tuesday

25 June
Wednesday

26 June
Thursday

Handwriting practice area for June 23-26. Each day includes a row of 10 dotted lines for tracing and a larger area of 10 rows of dotted lines for independent practice.

16 May
Friday

17 May
Saturday

18 May
Sunday

Week focus:

Handwriting practice area for May 16-18. Each day includes a row of 10 dotted lines for tracing and a larger area of 10 rows of dotted lines for independent practice.

May

| MON | TUE | WED | THU | FRI | SAT | SUN |
|-----|-----|-----|-----|-----|-----|-----|
| | | | 1 | 2 | 3 | 4 |
| 5 | 6 | 7 | 8 | 9 | 10 | 11 |
| 12 | 13 | 14 | 15 | 16 | 17 | 18 |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| 26 | 27 | 28 | 29 | 30 | 31 | |

Everyday

Everyday practice area with five numbered rows of 10 dotted lines each.

19 May
Monday

20 May
Tuesday

21 May
Wednesday

22 May
Thursday

Handwriting practice area for May 19-22. Each day includes a set of 10 dotted lines for tracing and a set of 10 blank lines for independent practice.

20 June
Friday

21 June
Saturday

22 June
Sunday

Week focus:

Handwriting practice area for June 20-22. Each day includes a set of 10 dotted lines for tracing and a set of 10 blank lines for independent practice.

June

| MON | TUE | WED | THU | FRI | SAT | SUN |
|-----|-----|-----|-----|-----|-----|-----|
| | | | | | | 1 |
| 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 9 | 10 | 11 | 12 | 13 | 14 | 15 |
| 16 | 17 | 18 | 19 | 20 | 21 | 22 |
| 23 | 24 | 25 | 26 | 27 | 28 | 29 |
| | | | | | | 30 |

Everyday

Everyday handwriting practice area for June. Includes a row of 10 dotted lines for tracing and a list of five numbered tasks, each followed by a row of 10 empty circles for practice.

16 June
Monday

17 June
Tuesday

18 June
Wednesday

19 June
Thursday

Handwriting practice area for June 16-19. Each day contains ten rows of dotted lines for tracing on a light gray background.

23 May
Friday

24 May
Saturday

25 May
Sunday

Week focus:

Handwriting practice area for May 23-25. Each day contains ten rows of dotted lines for tracing on a light gray background.

May

| MON | TUE | WED | THU | FRI | SAT | SUN |
|-----|-----|-----|-----|-----|-----|-----|
| | | | 1 | 2 | 3 | 4 |
| 5 | 6 | 7 | 8 | 9 | 10 | 11 |
| 12 | 13 | 14 | 15 | 16 | 17 | 18 |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| 26 | 27 | 28 | 29 | 30 | 31 | |

Everyday

1. ○ ○ ○ ○ ○ ○ ○ ○ ○ ○
2. ○ ○ ○ ○ ○ ○ ○ ○ ○ ○
3. ○ ○ ○ ○ ○ ○ ○ ○ ○ ○
4. ○ ○ ○ ○ ○ ○ ○ ○ ○ ○
5. ○ ○ ○ ○ ○ ○ ○ ○ ○ ○

26 May
Monday

27 May
Tuesday

28 May
Wednesday

29 May
Thursday

Handwriting practice area for May 26-29. Each day includes a row of 10 dotted lines for tracing and a row of 10 blank lines for independent practice.

13 June
Friday

14 June
Saturday

15 June
Sunday

Week focus:

Handwriting practice area for June 13-15. Each day includes a row of 10 dotted lines for tracing and a row of 10 blank lines for independent practice.

June

| MON | TUE | WED | THU | FRI | SAT | SUN |
|-----|-----|-----|-----|-----|-----|-----|
| | | | | | | 1 |
| | 2 | 3 | 4 | 5 | 6 | 7 |
| | 8 | 9 | 10 | 11 | 12 | 13 |
| | 14 | 15 | 16 | 17 | 18 | 19 |
| | 20 | 21 | 22 | 23 | 24 | 25 |
| | 26 | 27 | 28 | 29 | | |
| | 30 | | | | | |

Everyday

Everyday practice area for June. A row of 10 dotted lines for tracing and a row of 10 blank lines for independent practice.

9 June
Monday

10 June
Tuesday

11 June
Wednesday

12 June
Thursday

Handwriting practice area for June 9-12. Each day has a row of 10 dotted lines for tracing and a row of 10 blank lines for independent practice.

30 May
Friday

31 May
Saturday

1 June
Sunday

Week focus:

Handwriting practice area for May 30-31 and June 1. Each day has a row of 10 dotted lines for tracing and a row of 10 blank lines for independent practice.

May

| MON | TUE | WED | THU | FRI | SAT | SUN |
|-----|-----|-----|-----|-----|-----|-----|
| | | | 1 | 2 | 3 | 4 |
| 5 | 6 | 7 | 8 | 9 | 10 | 11 |
| 12 | 13 | 14 | 15 | 16 | 17 | 18 |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| 26 | 27 | 28 | 29 | 30 | 31 | |

Everyday

Everyday handwriting practice. A row of 10 dotted lines for tracing, followed by five numbered rows (1-5) of 10 blank lines for independent practice.

2 June
Monday

3 June
Tuesday

4 June
Wednesday

5 June
Thursday

Handwriting practice area for June 2-5, consisting of 20 rows of dotted lines on a light gray background.

6 June
Friday

7 June
Saturday

8 June
Sunday

Week focus:

Handwriting practice area for June 6-8, consisting of 20 rows of dotted lines on a light gray background.

June

| MON | TUE | WED | THU | FRI | SAT | SUN |
|-----|-----|-----|-----|-----|-----|-----|
| | | | | | 1 | 8 |
| 2 | 3 | 4 | 5 | 6 | 7 | |
| 9 | 10 | 11 | 12 | 13 | 14 | 15 |
| 16 | 17 | 18 | 19 | 20 | 21 | 22 |
| 23 | 24 | 25 | 26 | 27 | 28 | 29 |
| | | | | | | 30 |

Everyday

Everyday practice area for June, consisting of 5 numbered rows of dotted lines, each row starting with a red number (1-5) and followed by 10 empty circles.

25 August
Monday

26 August
Tuesday

27 August
Wednesday

28 August
Thursday

Handwriting practice area for August 25-28, featuring a grid of dotted lines for letter tracing on a lined background.

4 July
Friday

5 July
Saturday

6 July
Sunday

Week focus:

Handwriting practice area for July 4-6, featuring a grid of dotted lines for letter tracing on a lined background.

July

| MON | TUE | WED | THU | FRI | SAT | SUN |
|-----|-----|-----|-----|-----|-----|-----|
| 1 | 2 | 3 | 4 | 5 | 6 | |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| 28 | 29 | 30 | 31 | | | |

Everyday

Handwriting practice area for July, featuring a grid of dotted lines for letter tracing on a lined background.

7 July
Monday

8 July
Tuesday

9 July
Wednesday

10 July
Thursday

A grid of 40 columns and 21 rows of small dots for daily journaling, starting from July 7th and ending on July 10th.

22 August
Friday

23 August
Saturday

24 August
Sunday

Week focus:

A grid of 40 columns and 15 rows of small dots for journaling on August 22nd, 23rd, and 24th. A gray bar containing the text 'Week focus:' is positioned above the first row of dots.

August

| MON | TUE | WED | THU | FRI | SAT | SUN |
|-----|-----|-----|-----|-----|-----|-----|
| | | | | 1 | 2 | 3 |
| 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| 11 | 12 | 13 | 14 | 15 | 16 | 17 |
| 18 | 19 | 20 | 21 | 22 | 23 | 24 |
| 25 | 26 | 27 | 28 | 29 | 30 | 31 |

Everyday

1. ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○
2. ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○
3. ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○
4. ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○
5. ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○

18 August
Monday

19 August
Tuesday

20 August
Wednesday

21 August
Thursday

Handwriting practice area for August 18-21. Each day includes a dotted line for tracing and a solid line for independent writing.

11 July
Friday

12 July
Saturday

13 July
Sunday

Week focus:

Handwriting practice area for July 11-13. Each day includes a dotted line for tracing and a solid line for independent writing.

July

| MON | TUE | WED | THU | FRI | SAT | SUN |
|-----|-----|-----|-----|-----|-----|-----|
| 1 | 2 | 3 | 4 | 5 | 6 | |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| 28 | 29 | 30 | 31 | | | |

Everyday

Everyday handwriting practice area with five numbered rows of dotted lines for tracing and solid lines for independent writing.

14 July
Monday

15 July
Tuesday

16 July
Wednesday

17 July
Thursday

Handwriting practice area for July 14-17, featuring a grid of dotted lines on a light gray background.

15 August
Friday

16 August
Saturday

17 August
Sunday

Week focus:

Handwriting practice area for August 15-17, featuring a grid of dotted lines on a light gray background.

August

| MON | TUE | WED | THU | FRI | SAT | SUN |
|-----|-----|-----|-----|-----|-----|-----|
| | | | | 1 | 2 | 3 |
| 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| 11 | 12 | 13 | 14 | 15 | 16 | 17 |
| 18 | 19 | 20 | 21 | 22 | 23 | 24 |
| 25 | 26 | 27 | 28 | 29 | 30 | 31 |

Everyday

Numbered list for 'Everyday' with five rows, each starting with a number and followed by a dotted line for handwriting practice.

11 August
Monday

12 August
Tuesday

13 August
Wednesday

14 August
Thursday

Handwriting practice area for August 11-14. Each day contains 10 rows of dotted lines for tracing and 10 rows of blank lines for independent writing.

18 July
Friday

19 July
Saturday

20 July
Sunday

Week focus:

Handwriting practice area for July 18-20. Each day contains 10 rows of dotted lines for tracing and 10 rows of blank lines for independent writing.

July

| MON | TUE | WED | THU | FRI | SAT | SUN |
|-----|-----|-----|-----|-----|-----|-----|
| 1 | 2 | 3 | 4 | 5 | 6 | |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| 28 | 29 | 30 | 31 | | | |

Everyday

Numbered list for 'Everyday' with five rows, each starting with a number and followed by a dotted line for tracing and a blank line for independent writing.

21 July
Monday

22 July
Tuesday

23 July
Wednesday

24 July
Thursday

Handwriting practice area for July 21-24. Each day includes a row of 20 dotted lines for tracing and a larger area of 10 rows of dotted lines for independent practice.

8 August
Friday

9 August
Saturday

10 August
Sunday

Week focus:

Handwriting practice area for August 8-10. Each day includes a row of 20 dotted lines for tracing and a larger area of 10 rows of dotted lines for independent practice. A grey box labeled 'Week focus:' is positioned above the practice area.

August

| MON | TUE | WED | THU | FRI | SAT | SUN |
|-----|-----|-----|-----|-----|-----|-----|
| | | | | 1 | 2 | 3 |
| 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| 11 | 12 | 13 | 14 | 15 | 16 | 17 |
| 18 | 19 | 20 | 21 | 22 | 23 | 24 |
| 25 | 26 | 27 | 28 | 29 | 30 | 31 |

Everyday

Everyday practice area for August. A grey box labeled 'Everyday' is positioned above five rows of 10 dotted lines each, numbered 1 through 5.

4 August
Monday

5 August
Tuesday

6 August
Wednesday

7 August
Thursday

Handwriting practice area for August 4-7. Each day has 10 rows of dotted lines for tracing and 10 rows of blank dotted lines for independent practice.

25 July
Friday

26 July
Saturday

27 July
Sunday

Week focus:

Handwriting practice area for July 25-27. Each day has 10 rows of dotted lines for tracing and 10 rows of blank dotted lines for independent practice.

July

| MON | TUE | WED | THU | FRI | SAT | SUN |
|-----|-----|-----|-----|-----|-----|-----|
| 1 | 2 | 3 | 4 | 5 | 6 | |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| 28 | 29 | 30 | 31 | | | |

Everyday

1. ○ ○ ○ ○ ○ ○ ○ ○ ○ ○
2. ○ ○ ○ ○ ○ ○ ○ ○ ○ ○
3. ○ ○ ○ ○ ○ ○ ○ ○ ○ ○
4. ○ ○ ○ ○ ○ ○ ○ ○ ○ ○
5. ○ ○ ○ ○ ○ ○ ○ ○ ○ ○

28 July
Monday

29 July
Tuesday

30 July
Wednesday

31 July
Thursday

Handwriting practice area for July 28-31. Each day contains a series of dotted lines for tracing and a blank line for independent writing.

1 August
Friday

2 August
Saturday

3 August
Sunday

Week focus:

Handwriting practice area for August 1-3. Each day contains a series of dotted lines for tracing and a blank line for independent writing.

July

| MON | TUE | WED | THU | FRI | SAT | SUN |
|-----|-----|-----|-----|-----|-----|-----|
| 1 | 2 | 3 | 4 | 5 | 6 | |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| 28 | 29 | 30 | 31 | | | |

Everyday

Everyday handwriting practice area for July. Contains five numbered rows of dotted lines for tracing and blank lines for independent writing.

20 October
Monday

21 October
Tuesday

22 October
Wednesday

23 October
Thursday

Handwriting practice area for October 20-23. Each day includes a row of 10 dotted lines for tracing and a row of 10 blank lines for independent practice.

29 August
Friday

30 August
Saturday

31 August
Sunday

Week focus:

Handwriting practice area for August 29-31. Each day includes a row of 10 dotted lines for tracing and a row of 10 blank lines for independent practice.

August

| MON | TUE | WED | THU | FRI | SAT | SUN |
|-----|-----|-----|-----|-----|-----|-----|
| | | | | 1 | 2 | 3 |
| 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| 11 | 12 | 13 | 14 | 15 | 16 | 17 |
| 18 | 19 | 20 | 21 | 22 | 23 | 24 |
| 25 | 26 | 27 | 28 | 29 | 30 | 31 |

Everyday

1. ○ ○ ○ ○ ○ ○ ○ ○ ○ ○
2. ○ ○ ○ ○ ○ ○ ○ ○ ○ ○
3. ○ ○ ○ ○ ○ ○ ○ ○ ○ ○
4. ○ ○ ○ ○ ○ ○ ○ ○ ○ ○
5. ○ ○ ○ ○ ○ ○ ○ ○ ○ ○

13 October
Monday

14 October
Tuesday

15 October
Wednesday

16 October
Thursday

Handwriting practice area for October 13-16. Each day contains a series of dotted lines for tracing and a set of blank lines for independent writing.

5 September
Friday

6 September
Saturday

7 September
Sunday

Week focus:

Handwriting practice area for September 5-7. Each day contains a series of dotted lines for tracing and a set of blank lines for independent writing.

September

Everyday

| MON | TUE | WED | THU | FRI | SAT | SUN |
|-----|-----|-----|-----|-----|-----|-----|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 8 | 9 | 10 | 11 | 12 | 13 | 14 |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 |
| 29 | 30 | | | | | |

1. ○ ○ ○ ○ ○ ○ ○ ○ ○ ○
2. ○ ○ ○ ○ ○ ○ ○ ○ ○ ○
3. ○ ○ ○ ○ ○ ○ ○ ○ ○ ○
4. ○ ○ ○ ○ ○ ○ ○ ○ ○ ○
5. ○ ○ ○ ○ ○ ○ ○ ○ ○ ○

8 September
Monday

9 September
Tuesday

10 September
Wednesday

11 September
Thursday

Handwriting practice grid for September 8-11. Each day has a dotted line for tracing and a solid line for independent writing.

10 October
Friday

11 October
Saturday

12 October
Sunday

Week focus:

Handwriting practice grid for October 10-12. Each day has a dotted line for tracing and a solid line for independent writing.

October

| MON | TUE | WED | THU | FRI | SAT | SUN |
|-----|-----|-----|-----|-----|-----|-----|
| 1 | 2 | 3 | 4 | 5 | | |
| 6 | 7 | 8 | 9 | 10 | 11 | 12 |
| 13 | 14 | 15 | 16 | 17 | 18 | 19 |
| 20 | 21 | 22 | 23 | 24 | 25 | 26 |
| 27 | 28 | 29 | 30 | 31 | | |

Everyday

1. ○ ○ ○ ○ ○ ○ ○ ○ ○ ○
2. ○ ○ ○ ○ ○ ○ ○ ○ ○ ○
3. ○ ○ ○ ○ ○ ○ ○ ○ ○ ○
4. ○ ○ ○ ○ ○ ○ ○ ○ ○ ○
5. ○ ○ ○ ○ ○ ○ ○ ○ ○ ○

6 October
Monday

7 October
Tuesday

8 October
Wednesday

9 October
Thursday

A series of horizontal dotted lines for writing, spanning the width of the page from the 6th to the 9th of October.

12 September
Friday

13 September
Saturday

14 September
Sunday

Week focus:

A series of horizontal dotted lines for writing, spanning the width of the page from the 12th of September to the 14th of September.

September

Everyday

| | | | | | | |
|-----|-----|-----|-----|-----|-----|-----|
| MON | TUE | WED | THU | FRI | SAT | SUN |
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 8 | 9 | 10 | 11 | 12 | 13 | 14 |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 |
| 29 | 30 | | | | | |

Five numbered rows of five empty circles each, for daily reflection or journaling.

29 September
Monday

30 September
Tuesday

1 October
Wednesday

2 October
Thursday

Handwriting practice area for 29 September to 2 October, featuring a grid of dotted lines on a lined background.

19 September
Friday

20 September
Saturday

21 September
Sunday

Week focus:

Handwriting practice area for 19 September to 21 September, featuring a grid of dotted lines on a lined background.

September

| MON | TUE | WED | THU | FRI | SAT | SUN |
|-----|-----|-----|-----|-----|-----|-----|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 8 | 9 | 10 | 11 | 12 | 13 | 14 |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 |
| 29 | 30 | | | | | |

Everyday

1. ○ ○ ○ ○ ○ ○ ○ ○ ○ ○
2. ○ ○ ○ ○ ○ ○ ○ ○ ○ ○
3. ○ ○ ○ ○ ○ ○ ○ ○ ○ ○
4. ○ ○ ○ ○ ○ ○ ○ ○ ○ ○
5. ○ ○ ○ ○ ○ ○ ○ ○ ○ ○

22 September
Monday

23 September
Tuesday

24 September
Wednesday

25 September
Thursday

Handwriting practice area for September 22-25. Each day includes a row of 10 dotted lines for tracing and a larger area of 10 rows of dotted lines for independent practice.

26 September
Friday

27 September
Saturday

28 September
Sunday

Week focus:

Handwriting practice area for September 26-28. Each day includes a row of 10 dotted lines for tracing and a larger area of 10 rows of dotted lines for independent practice.

September

Everyday

| MON | TUE | WED | THU | FRI | SAT | SUN |
|-----|-----|-----|-----|-----|-----|-----|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 8 | 9 | 10 | 11 | 12 | 13 | 14 |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 |
| 29 | 30 | | | | | |

1. ○ ○ ○ ○ ○ ○ ○ ○ ○ ○
2. ○ ○ ○ ○ ○ ○ ○ ○ ○ ○
3. ○ ○ ○ ○ ○ ○ ○ ○ ○ ○
4. ○ ○ ○ ○ ○ ○ ○ ○ ○ ○
5. ○ ○ ○ ○ ○ ○ ○ ○ ○ ○

15 December
Monday

16 December
Tuesday

17 December
Wednesday

18 December
Thursday

Handwriting practice area for December 15-18. Each day consists of a series of dotted lines for tracing and a blank line for independent writing.

24 October
Friday

25 October
Saturday

26 October
Sunday

Week focus:

Handwriting practice area for October 24-26. Each day consists of a series of dotted lines for tracing and a blank line for independent writing.

October

| MON | TUE | WED | THU | FRI | SAT | SUN |
|-----|-----|-----|-----|-----|-----|-----|
| 1 | 2 | 3 | 4 | 5 | | |
| 6 | 7 | 8 | 9 | 10 | 11 | 12 |
| 13 | 14 | 15 | 16 | 17 | 18 | 19 |
| 20 | 21 | 22 | 23 | 24 | 25 | 26 |
| 27 | 28 | 29 | 30 | 31 | | |

Everyday

Everyday handwriting practice for October. A list of five numbered items, each followed by a dotted line for tracing and a blank line for independent writing.

27 October
Monday

28 October
Tuesday

29 October
Wednesday

30 October
Thursday

Handwriting practice area for October 27-30. Each day includes a row of 10 dotted lines for tracing and a row of 10 blank lines for independent practice.

12 December
Friday

13 December
Saturday

14 December
Sunday

Week focus:

Handwriting practice area for December 12-14. Each day includes a row of 10 dotted lines for tracing and a row of 10 blank lines for independent practice.

December

| MON | TUE | WED | THU | FRI | SAT | SUN |
|-----|-----|-----|-----|-----|-----|-----|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 8 | 9 | 10 | 11 | 12 | 13 | 14 |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 |
| 29 | 30 | 31 | | | | |

Everyday

1. ○ ○ ○ ○ ○ ○ ○ ○ ○ ○
2. ○ ○ ○ ○ ○ ○ ○ ○ ○ ○
3. ○ ○ ○ ○ ○ ○ ○ ○ ○ ○
4. ○ ○ ○ ○ ○ ○ ○ ○ ○ ○
5. ○ ○ ○ ○ ○ ○ ○ ○ ○ ○

8 December
Monday

9 December
Tuesday

10 December
Wednesday

11 December
Thursday

Handwriting practice area for December 8-11. Each day includes a row of 20 dots for tracing and a row of 20 dots for independent writing.

31 October
Friday

1 November
Saturday

2 November
Sunday

Week focus:

Handwriting practice area for November 1-2. Each day includes a row of 20 dots for tracing and a row of 20 dots for independent writing.

October

| MON | TUE | WED | THU | FRI | SAT | SUN |
|-----|-----|-----|-----|-----|-----|-----|
| | 1 | 2 | 3 | 4 | 5 | |
| 6 | 7 | 8 | 9 | 10 | 11 | 12 |
| 13 | 14 | 15 | 16 | 17 | 18 | 19 |
| 20 | 21 | 22 | 23 | 24 | 25 | 26 |
| 27 | 28 | 29 | 30 | 31 | | |

Everyday

Everyday handwriting practice area for October. Includes a row of 20 dots for tracing and a list of five numbered items, each followed by a row of 20 dots for independent writing.

3 November
Monday

4 November
Tuesday

5 November
Wednesday

6 November
Thursday

10 rows of 30 dotted lines for writing on November 3rd, 4th, 5th, and 6th.

5 December
Friday

6 December
Saturday

7 December
Sunday

Week focus:

10 rows of 30 dotted lines for writing on December 5th, 6th, and 7th, followed by five vertical dotted lines for the week focus section.

December

Everyday

| MON | TUE | WED | THU | FRI | SAT | SUN |
|-----|-----|-----|-----|-----|-----|-----|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 8 | 9 | 10 | 11 | 12 | 13 | 14 |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 |
| 29 | 30 | 31 | | | | |

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10 rows of 30 dotted lines for writing on December 8th through 31st.

10 November
Monday

11 November
Tuesday

12 November
Wednesday

13 November
Thursday

| | | | | | | | | | | | | | | | | | | | | |
|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|
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28 November
Friday

29 November
Saturday

30 November
Sunday

Week focus:

| | | | | | | | | | | | | | | | | | | | | |
|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|
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| | | | | | | | | | | | | | | | | | | | | |

November

Everyday

| MON | TUE | WED | THU | FRI | SAT | SUN |
|-----|-----|-----|-----|-----|-----|-----|
| | | | | | 1 | 2 |
| | | | | | 8 | 9 |
| | 3 | 4 | 5 | 6 | 7 | |
| | 10 | 11 | 12 | 13 | 14 | 15 |
| | 16 | 17 | 18 | 19 | 20 | 21 |
| | 22 | 23 | 24 | 25 | 26 | 27 |
| | 28 | 29 | 30 | | | |

1. ○ ○ ○ ○ ○ ○ ○ ○ ○ ○
2. ○ ○ ○ ○ ○ ○ ○ ○ ○ ○
3. ○ ○ ○ ○ ○ ○ ○ ○ ○ ○
4. ○ ○ ○ ○ ○ ○ ○ ○ ○ ○
5. ○ ○ ○ ○ ○ ○ ○ ○ ○ ○

24 November
Monday

25 November
Tuesday

26 November
Wednesday

27 November
Thursday

Handwriting practice area for November 24-27. Each date has a set of 10 dotted lines for tracing.

14 November
Friday

15 November
Saturday

16 November
Sunday

Week focus:

Handwriting practice area for November 14-16. Each date has a set of 10 dotted lines for tracing. A grey box labeled "Week focus:" is positioned to the right of the dates.

November

| MON | TUE | WED | THU | FRI | SAT | SUN |
|-----|-----|-----|-----|-----|-----|-----|
| | | | | | 1 | 2 |
| | | 3 | 4 | 5 | 6 | 7 |
| | | 10 | 11 | 12 | 13 | 14 |
| | | 17 | 18 | 19 | 20 | 21 |
| | | 24 | 25 | 26 | 27 | 28 |
| | | | | | 29 | 30 |

Everyday

1. ○ ○ ○ ○ ○ ○ ○ ○ ○ ○
2. ○ ○ ○ ○ ○ ○ ○ ○ ○ ○
3. ○ ○ ○ ○ ○ ○ ○ ○ ○ ○
4. ○ ○ ○ ○ ○ ○ ○ ○ ○ ○
5. ○ ○ ○ ○ ○ ○ ○ ○ ○ ○

17 November
Monday

18 November
Tuesday

19 November
Wednesday

20 November
Thursday

10 rows of 20 dotted lines for journaling.

21 November
Friday

22 November
Saturday

23 November
Sunday

Week focus:

10 rows of 20 dotted lines for journaling.

November

Everyday

| MON | TUE | WED | THU | FRI | SAT | SUN |
|-----|-----|-----|-----|-----|-----|-----|
| | | | | | 1 | 2 |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |

5 numbered rows of 20 dotted lines for journaling.

Handwriting practice area for the date 19 December. The page contains a grid of 20 rows and 20 columns of dots. The first row is pre-filled with the date '19 December' and 'Friday'.

19 December
Friday

20 December
Saturday

21 December
Sunday

Week focus:

Handwriting practice area for the date 20 December. The page contains a grid of 20 rows and 20 columns of dots.

December

| MON | TUE | WED | THU | FRI | SAT | SUN |
|-----|-----|-----|-----|-----|-----|-----|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 8 | 9 | 10 | 11 | 12 | 13 | 14 |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 |
| 29 | 30 | 31 | | | | |

Everyday

1. ○ ○ ○ ○ ○ ○ ○ ○ ○ ○
2. ○ ○ ○ ○ ○ ○ ○ ○ ○ ○
3. ○ ○ ○ ○ ○ ○ ○ ○ ○ ○
4. ○ ○ ○ ○ ○ ○ ○ ○ ○ ○
5. ○ ○ ○ ○ ○ ○ ○ ○ ○ ○

22 December
Monday

23 December
Tuesday

24 December
Wednesday

25 December
Thursday



26 December Friday

27 December Saturday

28 December Sunday

Week focus:

December Everyday

26
Friday

27
Saturday

28
Sunday

Week focus:

December

Everyday

| MON | TUE | WED | THU | FRI | SAT | SUN |
|-----|-----|-----|-----|-----|-----|-----|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 8 | 9 | 10 | 11 | 12 | 13 | 14 |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 |
| 29 | 30 | 31 | | | | |

1. ○ ○ ○ ○ ○ ○ ○ ○ ○ ○
2. ○ ○ ○ ○ ○ ○ ○ ○ ○ ○
3. ○ ○ ○ ○ ○ ○ ○ ○ ○ ○
4. ○ ○ ○ ○ ○ ○ ○ ○ ○ ○
5. ○ ○ ○ ○ ○ ○ ○ ○ ○ ○

29 December
Monday

30 December
Tuesday

31 December
Wednesday



A large grid of 30 rows and 21 columns of small dots, intended for students to write their weekly reflections.

Week focus:

A series of 10 horizontal dotted lines for students to write their weekly focus.

December

| MON | TUE | WED | THU | FRI | SAT | SUN |
|-----|-----|-----|-----|-----|-----|-----|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 8 | 9 | 10 | 11 | 12 | 13 | 14 |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 |
| 29 | 30 | 31 | | | | |

Everyday

A vertical list of 5 numbered items, each followed by five empty circles for daily reflections.

- ○ ○ ○ ○
- ○ ○ ○ ○
- ○ ○ ○ ○
- ○ ○ ○ ○
- ○ ○ ○ ○

